

## After Action Report



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Region 1, Indiana Oath keepers

To: Allen County Coordinator

From: John Brown

CC: State Coordinator

State Medical Coordinator

Subject: After Action Report

Date: May 2, 2022

On Saturday April 30 I attended a training class sponsored by Elkhart County Oath Keepers which addressed medical first aid issues. The day-long presentation, delivered by Rebecca F., IOK Medical Coordinator, focused largely on the "Stop the Bleed" protocol. This session was offered free of charge to Oath Keepers and community members.

The following observations are made from my personal uninitiated perspective, and are not intended to be a critique of the program. My level of first aid knowledge comes primarily from my 1960's era Navy training, to wit; 1. Stop the bleeding, 2. Treat for shock, 3. Smoke a cigarette (i.e., do nothing else). This, it appears, is not far off the mark; however, the methods and materials have evolved. I found the lecture on the use and application of these methods very helpful.

Among the topics that I found useful were:

- Wound packing.
- When and how to apply a tourniquet.
- Application of a pressure bandage.
- Use of clotting agents.
- Proper application of a chest seal.

Overall, I found Rebecca's presentation engaging and informative. She welcomed questions, but repeatedly admonished against attempting any treatments for which we were not trained (see item 3 of my Navy training, above), and steered discussions away from more advanced topics.

Following the lectures, Rebecca had IFAKs (Individual First Aid Kits), containing the materials discussed, available for purchase at a reasonable cost. I, for one, was pleased to avail myself of this convenience.

Although Rebecca receives no compensation for her time, she has indicated a willingness to make herself available for additional training within the organization. I think we would be remiss not to make use of this resource. I saw only one other Allen County area Oath Keeper at this event. I suggest that we consider inviting Rebecca to the Allen County portion of Region 1 for a repeat performance.

John

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